

# St. Margaret Mary School



16<sup>TH</sup> Annual 5K

Saturday, May 6, 2023  
8:30am

For more information visit:  
[www.stmm5k.webs.com](http://www.stmm5k.webs.com)

- In-person race is professionally timed by Falcon Race Timing
- Race starts and ends at St. Margaret Mary School
- Race course is through the East Harrisburg Cemetery and along the Greenbelt trail with moderately challenging hills

## Registration

- Run in person or virtually
- Online Registration thru midnight on 5/3/23 at:  
<https://runsignup.com/Race/PA/Harrisburg/StMargaretMarySchool5k>
- \$25 with a shirt guaranteed if registration is received by 4/14/23
- Race day registration from **7:30 am to 8:15 am**

## Awards

- Prize for first overall male and female finishers
- Medals for top 3 male & female in-person finishers in each age group (no duplication)  
8 & under, 9-11, 12-14, 15-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70 & over

Register online or send registration form and payment (Payable to St Margaret Mary School) to:

**St. Margaret Mary School**  
**5k Run/Walk**  
**2826 Herr Street**  
**Harrisburg, PA 17103**

NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

CITY: \_\_\_\_\_

STATE: \_\_\_\_\_ ZIP: \_\_\_\_\_

BIRTH DATE: \_\_\_\_\_

AGE ON RACE DAY: \_\_\_\_\_

GENDER: [ MALE ] [ FEMALE ]

E-MAIL: \_\_\_\_\_

SHIRT SIZE:

[ YS ] [ YM ] [ YL ] [ S ] [ M ] [ L ] [ XL ] [ XXL ]

*Release form: I know that I am participating in a road race that is a potentially hazardous activity and that I should not enter and participate unless I am medically able and properly trained to do so. I agree to abide by any decision of the race officials relative to my ability to safely complete the run/walk. I assume all risks associated with participation in this event including, but not limited to: falls, contact with other participants, effects of weather (including high heat and humidity), traffic and the conditions of the race course, all such risks being known and appreciated by me. Having read this waiver and knowing these facts, and in consideration of your accepting my entry, I for myself and anyone entitled to act on my behalf, waive and release St. Margaret Mary School, the Borough of Penbrook, Diocese of Harrisburg, the event committee, all other sponsors, invitees, participants, vendors and their successors and heirs from all claims of liabilities of any kind arising out of my participation in this event through liability may arise out of negligence on the part of persons named in this waiver. I also grant permission to any interested party to use my photograph, motion picture, recordings, or any other record of this event for legitimate purposes.*

SIGNATURE: \_\_\_\_\_

Or a Parent's signature is required for runners under age 18.