



ELEMENTARY PARENT INFORMATION  
2017 - 2018 Season

<http://wrestling.bishopmcdevitt.org>

### 1. Practice schedule and guidelines

- Nauman's Wrestling Club: 8 Ann St. Middletown, PA 17057
- Additional days will be posted via email but will post on calendar as well.
- Calendar:  
<http://wrestling.bishopmcdevitt.org/calendar/>

#### **Attire:**

- Wrestlers must have wrestling shoes and headgear
- Please do not wear wrestling shoes outside of the gymnasium. Backpacks, and street shoes must be kept out of the wrestling room
- Water: Please provide water for the wrestlers
- Singlet will be provided with a check deposit of \$44.00. When the singlet is return at the end of the season, the check will be shredded or returned to you.
- **ALWAYS** shower after every practice and as soon as possible. This is a must to prevent the occurrence of any skin diseases.

#### **Behavior:** Bullying will not be permitted

- First incident of behavior is home for the night
- Second incident of behavior is dismissal and refund.

### 2. Tournament Schedule (Central PA Youth Wrestling League)

- This year we are participating again in the CPYWL. This format will guarantee at least 2 matches and wrestlers will be matched with an opponent according to their skill level. The tournament seasons begins the first Saturday in January, will run every Saturday through February at the appointed schools. Cost per wrestler is \$1.00. **Schedule to follow.**
- **The Harrisburg Diocese does not permit boys wrestling girls at any matches or team-sanctioned tournaments.**

*Wrestling is more than a sport...it's a lifestyle.*